


Each meal is served with a side salad. Ask for vegan & gluten free options.  
All of our dishes are prepared to order. Your patience ensures the freshest flavor — thank you!

## Breakfast



**Avocado Toast** \$10.95   
fresh avocado, cherry tomatoes, spring mix, balsamic drizzle, sesame seeds, served on sourdough bread \*add a sunny-side-up egg + \$2.00

**Egg Salad Toast** \$9.95   
house-made egg salad, fresh herbs, spring mix, cracked pepper, mayo, served on sourdough bread

**Salmon Toast** \$12.95  
smoked salmon, cream cheese, spring mix, capers, cucumbers, fresh dill, served on sourdough bread

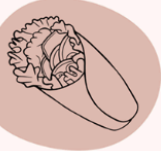
**Breakfast Sandwich** \$13.95  
hard boiled egg, ham, crispy bacon, romaine lettuce, mayo, fresh dill on a french baguette

**Breakfast Wrap** \$13.95  
scrambled eggs, ham, crispy bacon, mozzarella, arugula, mayo in your choice of tortilla

**Breakfast Panini** \$14.95  
two fried eggs, ham, crispy bacon, mozzarella, mayo, arugula, served on crispy ciabatta

**Breakfast Plate** \$13.95  
two scrambled eggs, ham, crispy bacon, pepper jack cheese, sourdough toast, cucumbers, tomatoes, organic jelly, butter

## Wraps



**Chicken Bacon** \$15.95  
grilled chicken, crispy bacon, celery, red onion, sliced tomatoes, romaine lettuce tossed in our house-made Caesar dressing


**Mediterranean Turkey** \$12.95  
organic hummus, sliced turkey, roasted bell pepper, cucumbers, feta cheese, olives, arugula, vinaigrette

**Spicy Meat Lover** \$14.95  
salami, ham, crispy bacon, pepper jack cheese, jalapeño peppers, red onion, romaine lettuce, arugula, mayo

available in flour, spinach, or gluten-free tortilla  
(+\$1.50 for GF)

## Sandwiches



**Caprese** \$10.95   
house-made pesto, fresh mozzarella, sliced tomatoes, fresh basil, arugula, balsamic glaze, Italian seasoning

**Turkey/Ham** \$12.95  
turkey or ham, pepper jack cheese, sliced tomatoes, cucumbers, romaine lettuce, mustard, mayo


**Prosciutto** \$14.95  
aged prosciutto, house-made pesto, goat cheese, tomatoes, arugula, balsamic glaze, honey drizzle

**Chicken Caesar** \$15.95  
grilled chicken, crispy bacon, sliced tomatoes, parmesan cheese, romaine lettuce tossed in our house-made Caesar dressing

**Grilled Chicken** \$15.95  
grilled chicken, feta cheese, roasted bell pepper, red onion, arugula, mayo, vinaigrette

## Panini



**Caprese** \$12.95   
fresh mozzarella, house-made pesto, sliced tomatoes, fresh basil, sliced mozzarella, arugula, Italian seasoning

**Meat Lover** \$14.95  
salami, ham, crispy bacon, pepper jack cheese, red onion, mozzarella, mayo, arugula

**Bacon Feta** \$13.95  
crispy bacon, feta cheese, roasted bell pepper, mozzarella, mayo, arugula

**Chicken Pesto** \$16.95  
house-made pesto, grilled chicken, goat cheese, roasted red pepper, mozzarella, arugula

add a side of our house-made garlic & dill aioli,  
perfect for dipping your panini or wrap + \$1.50

Consuming raw or undercooked eggs may increase your risk of foodborne illness. Please note, while we take steps to minimize cross-contact, our menu items are prepared in a shared kitchen and may come into contact with common allergens including milk, eggs, peanuts, tree nuts, wheat, soy, and sesame.

## Coffee



<b>Specialty Blend Drip</b>	\$3.00
<b>Cold Brew On Ice</b> [16 oz]	\$5.00
<b>Espresso</b> [1 oz]	\$3.00
<b>Espresso Doppio</b> [2 oz]	\$3.50
<b>Americano</b> [6 oz]	\$3.75   iced \$4.25
<b>Cappuccino</b> [8 oz]	\$4.25
<b>Latte</b> [12 oz]	\$5.25   iced \$5.75
<b>Mila&amp;Mocha</b> [12 oz] <i>made with premium dark chocolate</i>	\$6.25   iced \$6.75
<b>Oat, almond, coconut milk</b>	\$1.00
<b>Add flavor</b>	\$0.75

## Mila&Mocha

## Tea & Other



<b>Organic Hot Tea</b>	\$4.25
<b>Matcha Latte</b> [12 oz] <i>organic ceremonial grade</i>	\$6.25   iced \$6.75
<b>Chai Latte</b> [12 oz]	\$6.25   iced \$6.75
<b>Kombucha 221</b>	\$6.25
<b>Tractor Organic Soda</b>	\$4.75
<b>Gold Peak Iced Tea</b>	\$3.50
<b>Coca-Cola Products</b>	\$3.50
<b>Minute Maid Juice</b>	\$2.50
<b>Bottled Water</b>	\$2.00
<b>Babycinno</b> [8 oz] <i>latte art included</i>	\$3.00

## Smoothies & Juices

16 oz of fresh made-to-order juice / smoothie

<b>Morning Boost</b> \$6.50
fresh oranges blended with parsley & ginger
<b>Sunrise Glow</b> \$7.00
fresh oranges blended with berries & banana
<b>Mila's Kickstart</b> \$7.50
fresh oranges blended with pineapple, spinach & mint

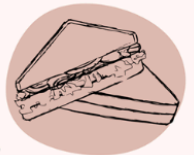
<b>Berry Balance</b> \$7.00
blueberries, banana & dates blended with almond milk
<b>Blush Blend</b> \$7.00
strawberries, banana & chia blended with oat milk
<b>Mocha Shake</b> \$7.50
banana, cocoa, dates, & organic peanut butter blended with almond milk

## Salads



<b>Caesar Salad</b> \$11.95 
romaine lettuce tossed in our house-made Caesar dressing, served with garlic bread and topped with grated parmesan
<b>Beet &amp; Burrata Salad</b> \$15.95 
spring mix, arugula, cooked beets, 4 oz burrata, pecans, olive oil, and balsamic glaze, garnished with fruit, served with garlic bread
<b>Prosciutto &amp; Goat Cheese Salad</b> \$16.95
spring mix, arugula, prosciutto, creamy goat cheese, fresh fruit, cranberries, candied walnuts, served with garlic bread and house-made honey balsamic vinaigrette
<b>Avocado Salad</b> \$14.95 
spring mix, fresh avocado, strawberries & blueberries, choice of goat or feta cheese, house-made honey garlic vinaigrette
<i>add grilled chicken (4 oz) to any salad + \$5.00</i>

## Kids



<b>Kids Breakfast Plate</b> \$8.95
two scrambled eggs, bacon, toasted sourdough, organic jelly, butter
<b>PB&amp;J</b> \$8.95 
organic peanut butter & jelly on toasted sourdough bread
<b>Turkey Rolls</b> \$8.95
sliced turkey, mozzarella, romaine lettuce, and cream cheese rolled in your choice of tortilla
<b>Kids Panini</b> \$8.95
choice of ham, turkey, salami, or bacon, sliced mozzarella, toasted on ciabatta bread

*all kids meals served with a side of fruit*